



Tiger Topics

School Newsletter

EMERSON-WILLIAMS

From the Principal's Desk

Elizabeth T. Catarius

In last month's Tiger Topics, I noted that, "Mrs. Doreen Corsair has recruited some sixth graders to apply to the Nutmeg Selection Committee. The Nutmeg Selection Committee promotes the Nutmeg Book Award, and we are fortunate to have the Nutmeg Book nominees as part of our book collection in the media center. In order to be chosen as one of the readers, there is a rigorous application process, and any student chosen will be required to read all ten nominees (books) in order to assist in the choosing of the 2015 nominees. Mrs. Corsair is hopeful that a sixth grader from Emerson-Williams will be chosen to assist in this process." I am very pleased to announce that Katie Ginter was chosen as one of two students in Connecticut in the intermediate grade levels to be chosen as a reader for this committee. Congratulations, Katie.

Aaron Cholewa, a fourth grader, was chosen as the winner of the Fire Prevention contest in Wethersfield. His poster will be submitted to the state contest. He will receive an award and a ride to school on a fire truck. Congratulations to Aaron.

The sixth grade Science Expo was held on Friday, January 11, and the students were able to attend the expo, ask questions of the sixth graders and learn new information. The Geography Bee for grades 4-6 will be held next week. This is always an exciting event, and the students and staff discover many facts about our world.

John Cascio, Chair of the Wethersfield Board of Education and Mr. Michael Emmett, Superintendent of Schools attended the P.T.O. meeting on Thursday evening, January 10. They discussed school safety at Emerson-Williams and throughout the district. It was an informative meeting for parents, as both Mr. Cascio and Mr. Emmett shared proposals to increase school safety in all of our schools.

Finally, we try to go out to recess every day that we can. If needed, we check the temperature and wind chill factor to ascertain the "real" feel outside. Students must come prepared to go outside. There is no staff available to stay inside with children who are not dressed for the weather condition on any given day. Please make sure that your children bring the proper outerwear to school so they can enjoy the fresh air. Due to the snow on the ground, we have to alternate outdoor recess with the grade levels that have lunch together (grades 3 and 6, grades 4 and 5). The children love to go outside, and the benefits to getting exercise and fresh air are many.

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PTO Highlights

The holidays are over and the New Year is upon us. We hope that you and your family had a joyous and healthy holiday season! It is time for the PTO to gear up for the second half of the school year! If one of your New Year's resolutions was to get more involved in your child's school, we can help with that. There is always a need for volunteers, so if you have some time, please contact one of the co-chairs, and we will help you get involved.

One big need we continue to have is storage of our inventory for the **Holiday Store**. If you have a 17" x 28" area where you can stack a few boxes, it would be a major help! We do need several locations of this size. We are looking for interior spaces where the items will not be exposed to extreme temperatures or excessive humidity. If you have a basement that is dry with an empty corner, PLEASE contact Martin Malicki. We will even deliver the boxes to your home at a time that is convenient for you!

The WSPC will be hosting several showings of the "Race to Nowhere" and "Bully." The tentative dates are February 11 at 3:45 & 7 p.m. for the "Race to Nowhere" and March 21 at 7 p.m. and April 11 at 3:45 p.m. for "Bully." The tentative location for all showings is Silas Deane Middle School. You can stay up to date on these events by going to the Wethersfield Schools Parent Council (WSPC) Facebook page.

The WSPC is also organizing a Walk-A-Thon to raise money for a worthwhile cause related to the events in Newtown. They are having an organizational meeting on January 29 in the town library meeting room at 7 p.m. If you would like to help organize this event, this first meeting would be a great one to attend.

Sincerely,
Martin Malicki and John Kiniry, co-chairs

Grocery Store Gift Cards

Just a reminder that we have **Stop & Shop, Shoprite and Price Chopper** cards available for purchase to help raise funds for our new playscape. Contact Andrea Ginter at andrea.ginter@gmail.com for more details!

Stop and Shop Rewards Program



If you haven't done so already, **PLEASE register your card** to help us earn money for E-W, and ask your friends, family and co-workers to do the same! Go to www.stopandshop.com/aplus to sign up; our school ID is 06644. If you would like a form that you can use to solicit help from co-workers (in your office lunch room, etc.) just contact Andrea Ginter. Thank you!

Forms, Info, Events, Notices: ewpto.com

Check www.ewpto.com for links to **forms, events, fundraisers, Tiger Topics, lunch menus and the digital backpack** (online copies of school-wide notices that come home with your child each week).



Strawberry Fest 2013



DATE: Saturday, June 8.

TIME: 10 a.m. – 2 p.m.



Volunteers needed.

Please text Michele Lavoie: 860 944 6765.

Target Card – Help Us Help Our School

Did you know that when you sign up for a Target card, it helps you and the school? You can sign up for one right at the store (it only take a minute or two). The card can either be a traditional credit card or you can link it to your debit card! **You get 5% of your purchases as well as other cardmember benefits like free shipping from Target.com.** In addition, you can **designate Emerson-Williams to receive funds** based on your purchases. It's a win-win!

Grandparents, alumni, friends and neighbors are all welcome to participate in the program. The more people we involve, the harder the program works for our school. If you're already participating, thank you! Check out our school's progress anytime at Target.com/tcoe.



Saturday Hoops

The Keane Foundation offers residents of Wethersfield Saturday open gym programs at the 9/11 Memorial Sports Center at the Pitkin Center. Visit Keanefoundation.org for more details.

Free Saturday Open Gym Program - Drop In Basketball!

10:30am-Noon: Grades K-3 (parents welcome)

12:30-2pm: Grades 4-6

2-3:30pm: Middle School students.

A Note of Thanks



Thank you to Bob Morrissey and his daughter Sarah (1st grade - Miss Foley) for delivering the stuffed animals from our Community Outreach stuffed animal collection.

If you would like to submit a note of thanks to Tiger Topics, please email the note to angelatollis@sbcglobal.net

Box Tops and Labels: Clip and Earn

Don't forget to keep Saving those Box Tops! For every Box Top you Collect, Emerson-Williams earns 10¢. While that may not seem like a lot, it really adds up fast. Also, if you work in an office environment, ask your copy/print services department to save Box Tops for you – many Avery products and even Boise copier paper have Box Tops on them.



Don't forget to keep saving Labels for Education! We are most in need of UPC codes clipped from labels from the following products:

Campbell's, Pepperidge Farm, Pop Secret, People Magazine (purchased at news stands), Emerald Nuts, Glad products, Post Cereals, Dannon Danimals, Dannoninos, and Bic products.

**Not all products contain the "Labels for Education" logo. ** If you cannot find the logo, simply clip the UPC code. For juice products, save the caps. For other products, look for the bar code or "Labels for Education" logo inside a rectangle. Visit www.labelsforeducation.com for a complete list of participating products. .

Please turn in Labels for Education to the collection bin outside the office by January 31.

Thank Our Military: Donate Coupons

Please help the men and women currently serving our country – and their families by donating your unused or expired manufacturer's coupons, which are accepted by military commissaries overseas. The coupons help our military families stationed in other countries, and it doesn't cost you a thing.

Joseph Sottile, a 9th grader at Wethersfield High School is heading up this effort. Last year Joseph sent coupons to military families in Italy, Germany and Japan. He received the Board of Education's CABE award and a Youth in Action award for this project.

Please drop off your coupon circulars or clipped coupons in the labeled box near the main office at Emerson-Williams.

Butter Braid & Cookie Dough Fundraiser

Start saving room in your freezer, because the Butter Braid & Cookie Dough Fundraiser is right around the corner.

Orders will be taken between February 11 and March 1.

Money raised will go into the EW PTO general fund. Thanks for your support.



Emerson-Williams Cookbook



Sharing recipes is a wonderful tradition, and we need yours! The PTO is publishing a cookbook featuring the best recipes from family and friends - we would love to include some of your favorites. **Please submit one or more of your best recipes for inclusion in our keepsake cookbook.** There will be a form sent home in the coming days, or you can e-mail the recipe(s) to andrea.ginter@gmail.com.

Each cookbook will be typeset, printed and bound with a unique cover. We will also be soliciting artwork submissions for the cover and category title pages – more information on that will follow in a separate flyer in the coming weeks.

The best part about this cookbook is that the profits will help fund the new playscape – let's get it built! If you know of anyone interested in advertising in the cookbook, please let Andrea Ginter know. Cookbook order forms will be sent out later this spring. Questions? Contact Andrea Ginter at 860-251-9125 or andrea.ginter@gmail.com. Thank you for participating!

TALENT SHOW - Save These Dates!

The 7th Annual Emerson-Williams Talent Show is scheduled for Friday evening, April 5 at Wethersfield High School. The showcase/first rehearsal is scheduled for Monday, February 25 at Emerson-Williams from 5 – 7:30 p.m. (snow date March 4). The dress rehearsal will be on Thursday, April 4 at Wethersfield High School.

Please get your talented and creative juices moving. In an effort to keep the show's length reasonable, **each student may only perform once**, either individually or as part of a group. All talent will be considered: singing, dancing, poetry reading, playing instruments, juggling, baton twirling, etc.

All music/dance **MUST BE CLEAN** (radio version)! All acts need to be no more than 3 minutes long. We need to see at least one minute of the performance at the showcase on February 25. Please come prepared to leave a copy of the music on disc.

We will also be conducting a program cover design contest – stay tuned for more details.



Save the Date! Comedy Night

A Night of Comedy with Dave Reilly
May 10, 2013
\$25 per person, bring your own food & drink
Great raffle prizes!

Proceeds from this event will benefit the EWPTO Playscape Fund
If you would like to make a raffle donation or help plan the event, contact
Lauren Barbara at snl0617@att.net. Thanks!



**Wethersfield Schools Parent Council (WSPC)
Volunteer Recognition Awards
2012-13 Nomination Form**

The WSPC Recognition Award is intended to recognize one individual* from each school (and/or a single individual or group of people in the case of the Community Award) who have made a volunteer commitment to benefit the education or social experience of the children in the Wethersfield public school system. This person or people have involved themselves above and beyond their expected role, and is (are) thereby identified as an asset to the Wethersfield community through their efforts and/or volunteerism.

***Please note only one (1) person per school can receive an Individual Award.**

WSPC reserves the right to evaluate and approve each application to insure nominees meet all requirements.

I would like to nominate _____

Address _____

Phone _____

Type of nomination: ___ Individual Award ___ Community Award

Does this person work outside of the home? If so, where?

Does this person have children? If so, please list their names and schools they attend:

Please list all volunteer committees this nominee serves on:

_____ (please add pages as necessary)

I feel this nominee meets the requirements for this year's WSPC Recognition Award because:

_____ (please add pages as necessary)

Your Name: _____

Address and Phone Number: _____

Thank You!

Nominations for the 2012-2013 WSPC Recognition Awards should be returned to your WSPC school representative by 3 p.m. on March 21st. Nominees will be voted on at the April PTO/PAC/PTSA meeting. Please plan to attend that meeting to support your nomination.

Please submit this form to your school in an envelope marked "WSPC Volunteer Award."

Health Tips

Linda Ciarcia, BSN, RN

DEAR PARENTS AND STUDENTS,

REMINDER FOR ALL SIX GRADE STUDENTS:

If you have received a recent letter from me regarding physical forms, please get them in as soon as you can. If your child has had a physical in 2012, have the doctor fill out the blue health form for that visit. If not, get your child in as soon as possible. I may be forced to withhold transfer of progress reports and health records to Silas Deane Middle School if a physical is not received. All students must complete the necessary health assessment and required immunizations **PRIOR TO JUNE 1, 2013**. Any questions please don't hesitate to call me.

FIVE-TWO-ONE-ALMOST NONE

5-2-1-Almost None is one way to promote a healthier lifestyle for children and their families. It is as simple as following these suggestions and tips for healthier eating and physical activity.

5 FRUITS AND VEGETABLES - 5 stands for five or more servings of fruits and vegetables each day. Fruits and vegetables are packed with disease-fighting nutrients and give you energy, naturally.

Serve at least one fruit or vegetable at every meal and snack.

Dip veggies in low fat dressing. Tuck them in whole wheat pitas. Toss some on your pizza.

Try and Try again. It may take several tests(10 or more) before they begin to enjoy.

2 HOURS OF SCREEN TIME- 2 stands for no more than two hours per day in front of a screen (TV, video games and recreational computer time). A number of studies show a correlation between watching television and obesity.

Be a role model - limit your screen time. Play or take a walk with your kids.

Keep TV in a central location and out of your child's bedroom.

Turn off the TV during dinner and talk about your day.

1 HOUR OF PHYSICAL ACTIVITY - 1 means at least one hour of physical activity per day. Physical activity, especially when it gets the heart pumping faster, is vital to maintaining a healthy weight and overall good health.

Kids who are raised in active families tend to stay active as adults.

Plan one physical activity for the family each weekend. Let each child take turns choosing the activity.

Walking, bicycling, dancing and raking leaves can all get your heart pumping.

10 minutes here, 10 minutes there and before you know it, you've been moving your body for an hour.

ALMOST NONE refers to almost no sugary beverages - no more than two servings per week of soft drinks, sport drinks, and fruit drinks that are not 100% fruit juice. Over the last few decades, soda consumption has doubled for girls and tripled for boys.

Choose water. Add a lemon or lime wedge or a splash of juice for flavor.

Drink water, milk and juice yourself. Your children will learn by watching you.

Avoid bringing sodas and sports drinks home. If it's there the kids will drink it.

**Everyone is Invited to Attend
the Annual Emerson-Williams'
Pasta Dinner
Social/Fundraiser**

Friday, January 25th, 5:30-7:30 (snow date 2/1/13)

Treat yourself to a night off from cooking, and join us at the Emerson-Williams cafeteria for a delicious Italian meal the entire family will enjoy – with Italian music, raffle prizes, and the 6th grade teachers and school principal serving your dinner.

Menu:

Meatballs – Leo's Pizza

Sauce – Donated by Casa Mia and First and Last in Hartford

Pasta – Donated by Westside Market in Rocky Hill

Pasta with Butter – Donated by Casa Mia

Tossed salad with Italian dressing – Donated by Fresh Point in Hartford

Rolls and breads – Donated by Mozzicato DePasquale and First and Last in Hartford

Assortment of homemade desserts – Donated by Emerson-Williams Families

Assortment of drinks, coffee, tea and hot chocolate

Come and help support the 6th grade graduating class at Emerson-Williams. Proceeds from the event will help to offset the costs of providing our 6th graders with a memorable last year at Emerson-Williams. Please note that students must be accompanied by an adult.

Please return the bottom portion of this form and a check made payable to EW PTO in an envelope marked "Pasta Dinner" to reserve your spot. No tickets are needed – Your name will be put on a list to be checked off at the door the night of the event. Any questions – contact Isabel Tenney at 257-1059 or Michelle Hendron 563-5710.

Please consider making a donation even if you cannot attend. Amount donating: \$_____

The _____ Family will attend. Email: _____

Adults _____ x \$8.00 = \$_____

Children _____ x \$5.00 = \$_____ OR Max. cost per family is \$20.00 (immediate family only)

Total enclosed = \$_____

Students Name: (if multiple, list oldest) _____ Teacher: _____

Please consider bringing a dessert to share the night of the event. Item bringing: _____

Please consider donating a raffle item or gift card to the event. Item donating: _____

Thank you so much for supporting the 6th Grade graduating class!!!

**WETHERSFIELD LITTLE LEAGUE
BASEBALL/SOFTBALL REGISTRATION
2012/2013**

REGISTER ON-LINE:

www.wethersfieldlittleleague.org

January 1, 2013 - On-line Registration begins

(3/1/13 - Late registration fees apply)

Registration Fees:

Boys (as of 4/30/13)	Ages 6-7-8	\$75	Ages 9-12	\$110	Ages 13-15 - \$155.00
Girls (as of 12/31/12)	Ages 6-7-8	\$75	Ages 9-14	\$110	
\$250 maximum per family					

***If you prefer to pay by check or with cash, you must first register on-line, then mail your payment to: 89 Hartford Avenue, Wethersfield, CT 06109**

Make checks payable to: Wethersfield Little League

(Please indicate your child's name on the check - \$20 charge for all returned checks)

=====

*****Players must be Wethersfield Residents and League Age is the player's age as of:**

Boy's - 04/30/13 Girl's - 12/31/12

Are you interested in being a head coach or assistant coach? If so, please complete the Volunteer Application on-line when you register.

REGISTER ON LINE @ www.wethersfieldlittleleague.org



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Emerson Williams

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- 1 Take the referral form to a participating H&R Block office and give it to your tax professional. To find the nearest H&R Block office, go to hrblock.com.
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*Only approved 501(c)(3) organizations are eligible to receive \$20 for each new client referred to a participating U.S. H&R Block office when that person pays for the preparation of an original personal income tax return or current year Second Look® Review between January 1 and the IRS income tax filing deadline (usually April 15) of the current year. An eligible tax form includes: 1040, 1040-A and 1040-EZ. A new client is a person who did not have his/her taxes prepared by H&R Block the prior year. Referral form must be presented prior to completion of the initial tax interview. Amended returns do not qualify and H&R Block employees are not eligible. Allow approval roughly 2 weeks after May 1 for delivery of check. Offer may not be combined with any other referral program, coupon or discount offer. ©2012 H&R Block Services, Inc.

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